

## Light / Carry-On Ski Packing List

### Wear on the plane:

- Ski jacket
- Base layer top
- Mid-layer (fleece or light puffer)
- Comfortable trousers/leggings
- Après boots with good grip
- Beanie
- Lightweight gloves
- Travel scarf / neck warmer

### What to Pack in Your Carry-On

#### Clothing

- 1 × thermal base layer top
- 1 × thermal base layer bottom
- 1 × lightweight mid-layer (if you didn't wear it on the plane)
- 1 × ski trousers
- 2 × pairs of ski socks
- 1 × pair of leggings/jeans for evenings
- 1–2 tops for après-ski/dinners
- Underwear
- Pajamas (lightweight)
- Swimsuit (most hotels/spas have pools, saunas, or hot tubs)

#### Accessories

- Ski goggles (in a protective case)
- Neck warmer / buff
- Thin gloves or glove liners
- Sunglasses

#### Toiletries (Travel Size Only)

- Travel shampoo & conditioner
- Small moisturiser (cold air dries skin fast!)
- Sunscreen stick or mini-SPF
- Lip balm SPF
- Deodorant

- Toothbrush & travel toothpaste
- Hairbrush (packable version)

### **Tech & Essentials**

- Phone + charger
- Portable battery
- AirTags / luggage trackers
- Travel documents
- Reusable water bottle
- Foldable tote bag for the resort

### **How to Make It All Fit**

✓ **Choose compressible fabrics-** Base layers, fleece, synthetics → they squish small.  
Avoid thick knitwear.

✓ **Use packing cubes-** One cube for ski clothes, one for evening wear.

✓ **Roll instead of folding-** Rolling saves space and avoids creasing.

✓ **Put socks inside your shoes**

Use every bit of hollow space.

✓ **Use your jacket pockets as extra storage**

Goggles, gloves, buff, all pockets are fair game.