

## Beginner ski/snowboard packing checklist

### Essentials

- Waterproof / insulated ski jacket (ensure proper fit, breathability)
- Waterproof ski trousers (sized to fit over boots)
- Base layer top & bottoms (merino or synthetic; midweight recommended)
- Mid-layer fleece or lightweight down (insulating but not bulky)
- Ski socks (technical wool/synthetic, avoid cotton)
- Gloves/mittens (waterproof & insulated)
- Neck warmer / buff / balaclava (soft fleece or merino)
- Backpack or daypack (for extra layers, water, snacks)
- Water bottle + snacks
- Tissues / wipes
- Phone charger / power bank
- Sunscreen + lip balm (SPF)
- Beanie and gloves

### Clothing & Comfort (overnight)

- Pajamas/sleep wear
- Underwear and socks
- Warm après-ski outfit (jeans, sweater, fleece, or thermal leggings)
- Casual jacket for evenings (down or puffer)
- Indoor shoes/slippers
- Swimsuit (many hotels have saunas or pools)
- Reusable tote for wet gear
- Laundry bag / reusable plastic bag
- Sunglasses

### Toiletries

- Toothbrush and toothpaste
- Deodorant
- Shampoo & conditioner
- Hairbrush, hair ties
- Moisturizer
- Small first aids kit
- Personal medication
- Hand Sanitizer

**Tech, Documents & Miscellaneous**

- Travel adapter (if abroad)
- Small flashlight / headlight
- ID/Passport
- Lift Pass/ pre-booked tickets
- Hotel confirmation
- Credit/debit card and some cash
- Phone, charger & power bank
- Insurance card / emergency contact
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**Extras (nice to have)**

- Hand & toe warmers
- Earplugs and sleep mask
- Hydration pack
- Micro-fiber cloth for lenses
- Book/e-reader
- Playing cards
- Compact travel humidifier (helps with dry mountain air)